

IS KNOWLEDGE CONTAGIOUS? DIFFUSION OF VIOLENCE RISK REPORTING PRACTICES ACROSS CLINICIANS' PROFESSIONAL NETWORKS

Yanick Charette, PhD

School of Social Work and Criminology, Université Laval

Ilvy Goossens, MSc

Department of Psychology, Simon Fraser University

Michael C. Seto, PhD

Department of Psychiatry, University of Ottawa

The Royal's Institute of Mental Health Research

Tonia L. Nicholls, PhD

Department of Psychiatry, University of British Columbia

BC Mental Health & Substance Use Services

Anne G. Crocker, PhD

Department of Psychiatry, Université de Montréal

Institut National de Psychiatrie Légale Philippe-Pinel Research Center

Paper accepted in Clinical Psychological Science

<https://doi.org/10.1177/2167702620954797>

ABSTRACT

The knowledge-practice gap remains a challenge in many fields. Health research has shown that professional networks influence various aspects of patient care, including diffusion of innovative practices. The current study examined the potential utility of professional networks to spread the use of violence risk assessment tools in forensic psychiatric settings. A total of 6,664 reports, written by 708 clinicians, were used to examine the effect of clinicians' use of risk assessment tools on subsequent reports by other clinicians with whom they share patients. Results show that professional networks serve as an important channel for the spread of assessment practices. Simulation of a continuing education program showed that targeting more influential clinicians in the network could be three times more efficient at disseminating best practices than randomly training clinicians. Decision-makers may consider using professional networks to identify and train influential clinicians to maximize diffusion of the use of risk assessment instruments.

KEYWORDS: violence risk assessment, risk reporting, knowledge transfer, social network analysis, forensic, mental health

Despite the proliferation of empirically established risk assessment tools over the past 25 years (Fazel, Singh, Doll, & Grann, 2012), and their demonstrated usefulness for violence prediction and treatment planning (de Vries Robbé, de Vogel, Douglas, & Nijman, 2015; Fazel et al., 2012; Singh et al., 2014), the implementation of these tools into clinical practice is incomplete. This is not limited to the field of violence risk assessment; the 'knowledge-practice gap' poses a challenge for scientists and practitioners in many fields (Evensen, Sanson-Fisher, D'Este, & Fitzgerald, 2010; Kazdin, 2008; Lang, Wyer, & Haynes, 2007), with an estimated average lag of 6 to 17 years from research results to uptake and implementation in practice (Morris, Wooding, & Grant, 2011).

A traditional top-down approach is at times insufficiently convincing for practitioners to implement new practices (Freedman, 2002). Health research has shown that professional networks that exist between physicians can influence various aspects of patient care, including diffusion of innovative practices (Barnett, Landon, O'Malley, Keating, & Christakis, 2011; Landon et al., 2012; Landon et al., 2013; Pollack, Soulos, & Gross, 2015; Pollack et al., 2014). Although not without debate (e.g., Lyons, 2011; Shalizi & Thomas, 2011; Thomas, 2013; VanderWeele & Tchetgen-Tchetgen, 2012), professional networks have been put forward as a novel way of studying and decreasing the knowledge-practice gap (Barnett et al., 2011). The current study examined the possibility of using professional networks to spread the use of violence risk assessment practices among clinicians.

Diffusion of Knowledge

Individuals are embedded in and connected through social networks (e.g., social, familial, occupational; Serrat, 2017). These networks may meaningfully influence diffusion of knowledge, practices, habits, and risks (see Christakis & Fowler, 2013, for a review). Clinicians too are embedded in formal (e.g., hospitals, health authorities) and informal professional networks (e.g., via patient sharing; Barnett et al., 2011). Although formal networks are more prescriptive, a growing evidence base suggests that informal networks may be more influential on

practices and treatment outcomes (Hayward, Guyatt, Moore, McKibbin, & Carter, 1997; Landon et al., 2012, 2013; Pollack et al., 2015). However, little is known about the potential influence of professional networks in the transfer of professional practices in mental health, and even less in the field of forensic mental health.

Risk Assessment in Forensic Mental Health

The field of forensic mental health focuses on criminal justice-involved individuals with mental health problems. Forensic mental health professionals often have the challenging task of evaluating the risk of future violence by a specific patient (Carver & Langlois-Klassen, 2006; Mullen, 2000) to support decisions about the appropriate nature of treatment and supervision (Hilton & Simmons, 2001; Wilson, Crocker, Nicholls, Charette, & Seto, 2015). An incorrect assessment or inadequate recommendation may unnecessarily restrict patients' civil liberties or, conversely, decrease public safety (Guy, Douglas, & Hart, 2015).

To aid in legal and clinical decision-making, researchers have developed a number of structured risk assessment tools based on empirically established and clinically relevant predictors of future offending (Guy et al., 2015). These tools can predict future violence and other offenses with some accuracy, over and above unstructured clinical judgment (Ægisdóttir et al. 2006; Campbell, French, & Gendreau, 2009; Fazel et al., 2012; Guy, 2008; Yang, Wong, & Coid, 2010). Of note, predictions based on unstructured clinical judgement have been shown to correctly classify around 62% of cases as recidivists or non-recidivists, while predictions based on structured tools can correctly classify up to 75% of these cases (Gardner, Lidz, Mulvey, & Shaw, 1996). Due to the severity of the potential consequences of these predictions, authors have cogently recommended the continued development and use of structured assessment tools (Otto & Douglas, 2010).

Knowledge-Practice Gaps in the Violence Risk Assessment Field

An international survey showed that only approximately 58% of forensic mental health professionals used some type of structured

instrument in their violence risk assessments (Singh et al., 2014). In an analysis of more than 5,000 forensic psychiatric reports, only 17% mentioned using a structured risk assessment instrument (Crocker, Nicholls, Charette, & Seto, 2014). Considering the implications for patients' liberties and public safety, this gap is concerning (Guy et al., 2015).

A clearer understanding of factors that influence diffusion of structured risk assessment practices is needed to develop effective and cost-efficient strategies to promote structured risk assessment in forensic services. Peer influences through informal professional networks may help to reduce that knowledge-practice gap (Barnett et al., 2011; Freedman, 2002; Landon et al., 2012, 2013; Pollack et al., 2014, 2015).

Given recent findings regarding the proliferation of risk assessments (Fazel et al., 2012) and variation in the use of empirically validated risk assessment measures (Wilson et al., 2015), we tested the diffusion of structured risk assessment reporting practices through informal professional networks of forensic clinicians. We hypothesized that clinicians using risk assessment tools in their reports would influence others' reporting practices over time, by increasing their use of risk assessment tools as a result of mere exposure through their informal professional networks.

METHOD

Sample

Data from a Canadian file-based study of 1,800 forensic patients found Not Criminally Responsible on account Of Mental Disorder (NCRMD), in the three most populous provinces, between 2001-2005 and followed until 2008, were used (Crocker et al., 2015a). In Canada, a defendant found NCRMD is deemed to have been unaware of an act or omission or not to have understood the wrongfulness of an act or omission because of mental illness (Criminal Code, R.S.C., 1985, c. C-46). Under Canadian law, an independent tribunal—called a Review Board—is tasked with the annual review of NCRMD accused. Review Boards render one of three dispositions (detention, release to community with or without

conditions) based largely on forensic practitioners' assessments of each patient's violence risk and treatment progress (Crocker et al., 2015b; Hilton & Simmons, 2001; Hilton, Simpson, & Ham, 2016; McKee, Harris, Rice, 2007).

Although a variety of mental health professionals use structured violence risk assessment measures (Singh et al., 2014) and the law states that assessments may be conducted "by a medical practitioner or any other person who has been designated by the Attorney General as being qualified" (Criminal Code, RSC 1985, c. C-46, p. 672.1 (1)), all assessment reports in this sample were conducted by psychiatrists. In the current study, the content of 7,037 reports to Review Boards was examined. For 94.7% of the reports ($N = 6,664$), we were able to identify 708 distinct clinicians who submitted reports. These reports compose the final sample used to examine the use and diffusion of structured risk assessment.

Informal Professional Networks

As physicians often refer patients to colleagues they know, patient transfers have been shown to be an adequate proxy for informal professional networks between health professionals (Barnett et al., 2011). During the average 963.2 days ($SD = 797.02$, $Mdn = 783$) of follow-up, 999 patients (56%) transitioned, on average twice, between clinicians ($M = 1.82$ transitions; $SD = 1.11$). In this sample, 1,417 transfer links were observed among 639 clinicians (69 clinicians had no links). The date of the first transfer between two clinicians was considered as the starting date of the professional link between a set of two clinicians.

Figure 1 shows the network structure of patient transfers across forensic clinicians. The nodes represent clinicians and the lines represent transferred patients. The size of the node reflects the number of patients assessed by this clinician. The province of Québec provided the largest clinician network with 515 clinicians, followed by Ontario, with 156 clinicians, and British-Columbia with 35 clinicians. This is an artefact of the number of individuals found NCRMD and how the forensic systems were designed in each province (Crocker et al., 2015a); forensic patients were spread out over

50 hospitals in Québec, 11 hospitals in Ontario, and a single provincial hospital in British Columbia with six satellite outpatient clinics.

Risk Assessment Practices

In the present study, risk assessment practice was operationalized as the assessor mentioning the use of a structured risk assessment tool in their report to Review Boards. Reports to courts and, by extension, Review Boards should contain an exhaustive enumeration of the sources of data drawn from to form an opinion, including risk assessment tools (Melton et al., 2018). Structured risk assessment approaches involve actuarial or structured professional judgment models. Actuarial models

mechanically weigh and combine risk factors according to their unique, empirically established relationships with the outcome, and provide probabilistic risk estimates, whereas structured professional judgement models are comprised of theoretically, clinically, and empirically informed variables that evaluators weigh and integrate (Guy et al., 2015). Six meta-analyses have demonstrated the comparable predictive accuracy between these two models in terms of violence risk assessment (Ægisdóttir et al., 2006; Campbell, French, & Gendreau, 2009; Fazel, Singh, Doll, & Grann, 2012; Grove, Zald, Lebow, Snitz, & Nelson, 2000; Guy, 2008; Yang, Wong, & Coid, 2010) and there is no evidence of the relative superiority of one over the

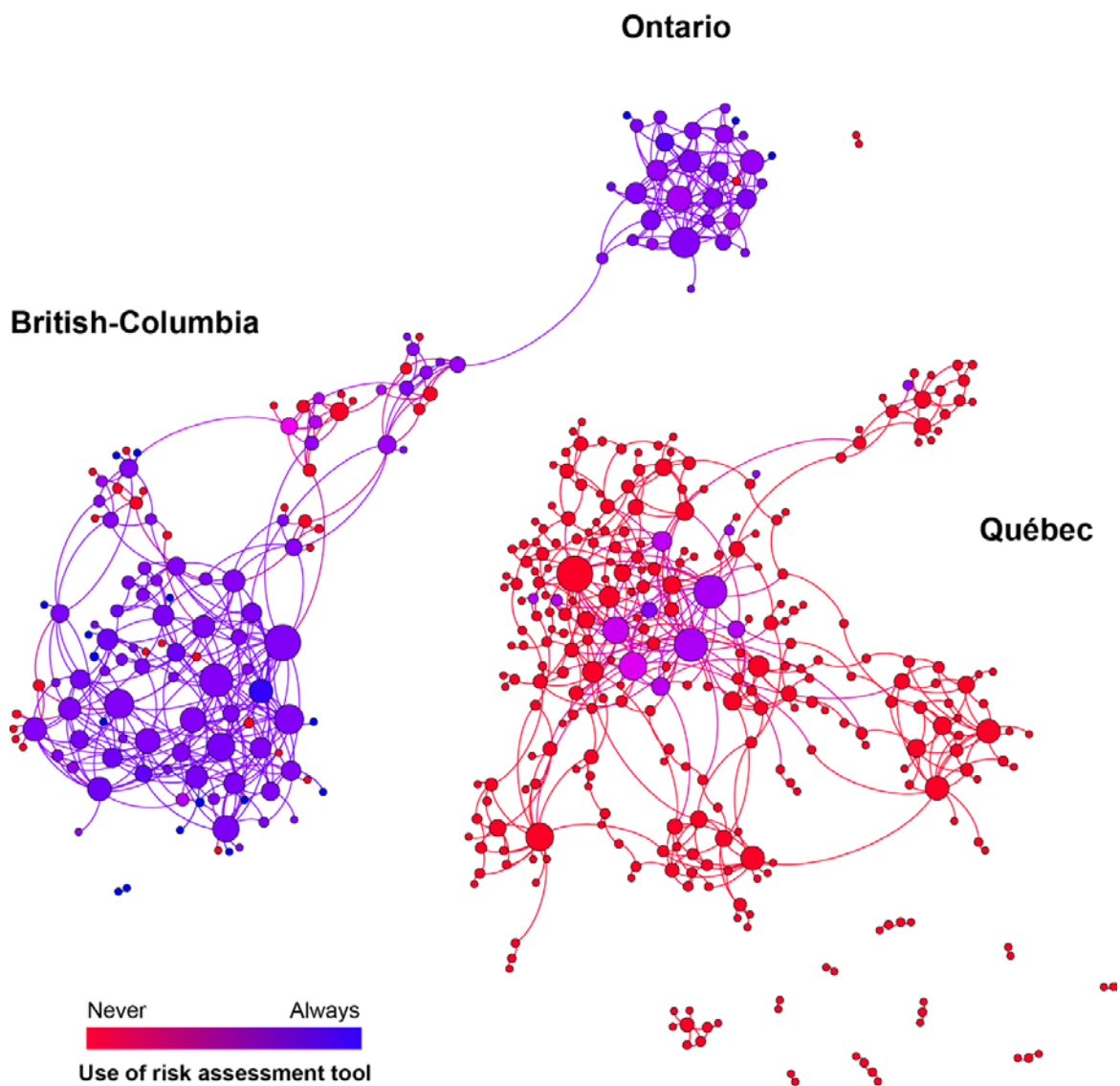


Figure 1. Shared patient networks between clinicians and the use of risk assessment tool with size of the node representing the number of clinician peers.

other in terms of violence risk prediction (Heilbrun, Yasuhara, & Shah, 2010). However, this is not to suggest that the models are interchangeable, the selection of a measure should reflect the assessment purpose (Skeem & Monahan, 2011). Consequently, both structured risk assessment approaches will be considered as an appropriate tool in these reports. Alternative analyses using the number of items of the two most popular tools of these two approaches and separate analyses using the HCR-20 (Webster, Douglas, Eaves, & Hart, 1997) as a structured professional judgement tool, and the VRAG as an actuarial tool (Quinsey, Harris, Rice, & Cormier, 2006), led to similar results (see Table S3 in the Supplementary statistical models and sensitivity tests).

Approximately 18% ($n = 1,218$) of the reports analysed in this study mentioned the use of a risk assessment tool. The color of the nodes in Figure 1 shows the distribution of the use of structured assessment tools among the clinicians' networks.

Analysis

Diffusion effects

A simplified example of the diffusion of risk assessment practices would be that a given clinician (Dr. Ego) had not used a risk assessment tool at Time 1, and we wanted to observe whether exposure to reports from a peer that mentioned using a risk assessment (Dr. Alter) would influence the mention or use of a risk assessment tool in Dr. Ego's report at Time 2.

We examined all reports for all 893,069 clinician dyads that were observed in the network between the source (Alter (a)) and the target (Ego (e)) occurring after the first patient transfer recorded in our study window. Equation 1 presents a logistic regression model predicting the probability that the Ego report uses a risk assessment tool ($P_{use_{te}}$) at one given time (t), with the proportion of risk assessment tool use of the n Alters' reports at different time points (use_{ta}) as a covariate. To control for clinicians' report writing experience, the number of reports written by Ego ($\#reports_e$) and the average number of reports written by the n Alters ($\#reports_a$) were included in the equation. To account for dependencies of observations (i.e., each Ego can

have more than one report), a random effect was included at the node levels (μ_e) (Snijders & Kenny, 1999). To account for institutional effects (e.g., hospital policies), a random effect at the hospital level was included in the model ($\mu_{hospital\ e}$). Patient characteristics may also influence the use of a risk assessment tool. For example, the severity of a patient's offence may motivate some assessors to include a more rigorous assessment. To account for this, a random effect was included at the patient level ($\mu_{patient\ e}$). The province where the Ego report was conducted ($Province_{e\ ON}$, $Province_{e\ BC}$) was included to account for provincial differences, using inconsequentially Québec as the reference category. The coefficient β_1 tests the diffusion hypothesis and estimates whether an increase of the proportion of Alters' reports using a risk assessment tool would increase Ego's future use of a risk assessment tool. A positive coefficient indicates that if Alters' reports use risk assessment tools, Ego reports' use of risk assessment tool increased as well.

$$(1) \log\left(\frac{P_{use_{te}}}{1 - P_{use_{te}}}\right) = \beta_0 + \beta_1 \cdot \frac{1}{n} \sum_{i=1}^n use_{ta} + \beta_2 \cdot \#reports_e + \beta_3 \cdot \frac{1}{n} \sum_{i=1}^n \#reports_a + \beta_4 \cdot Province_{e\ ON} + \beta_5 \cdot Province_{e\ BC} + \mu_e + \mu_{hospital\ e} + \mu_{patient\ e} + \varepsilon_{te}$$

We observed that clinicians using risk assessment tools were clustered together in the network (see Table S1, Model 1 in the Supplementary statistical models). If influenced by Alter reports, Ego's report risk item count would logically increase only *after* exposure to an Alter report. To ensure that the transfer link between the dyad was formed before the diffusion process, we only used Alter reports written prior to Ego reports and after the time we observed the first patient transfer between the two clinicians. To ensure that the knowledge transfer did not solely occur due to a reproduction of previous reports, 271,396 reports concerning the shared patients between Ego and Alter were removed from this analysis.

Continued education simulation

First, we examined whether our specific network demonstrated some type of diffusion or spread of

risk assessment practice. Notably, diffusion through professional networks could be a medium for both good (i.e., using a risk assessment tool) and bad (i.e., not using a risk assessment tool) practices. In a second analysis, we examined whether diffusion could have a positive impact if used for targeting continued education participants by conducting a clinician training simulation. Training was simulated by artificially making some clinicians in the network systematically use a risk assessment tool in their reports, as if they had followed best practices after a training session at the beginning of our observation period. Four alternative methods for selecting who would receive training are presented: a) random selection, b) targeted selection based on network influence, c) number of peers, or d) bad reporting practices. In the first strategy, and in order to have a distribution of the random process, 100 iterations of the random selection process were carried out and the average is presented. Targeted selection strategies involved training clinicians who were more influential in their network (i.e., those with more connections and more reports distributed throughout their network; *weighted out-degree centrality*; Newman, 2004), clinicians with the highest number of clinician peers (*degree centrality*), and clinicians who have not previously used a risk assessment tool. Clinicians with more connections were hypothesized to reach more peers in the diffusion process and may thus spread risk assessment practices more quickly and/or efficiently. Once targeted nodes were selected, the diffusion of the new information on the other reports was assessed using the coefficient estimates from Model 2 (see Table S1 in the Supplementary statistical models and sensitivity tests). The use of a risk assessment tool per report following this simulated training are presented as a function of the number of clinicians trained.

RESULTS

Diffusion effects

As hypothesized, the proportion of Alters' reports using risk assessment tools increased the use of these tools in the subsequent report of the Ego clinicians. An increase of 10% in the proportion of Alters reporting risk assessment tool use increased

the likelihood of Ego's subsequent use of risk assessment tools by 30% (95% CI 21% to 42%; see Table S1 in the Supplementary statistical models and sensitivity tests for the full description of the model). Iterated models, considering the effect may decrease over time, found an optimal diffusion effect for reports within a framework of less than 2 years after initial exposure (see Figure S1 in the Supplementary statistical models and sensitivity tests for the iterated models). Alters' total number of reports written did not influence the use of risk assessment tools in Ego reports. Furthermore, Egos' total number of reports written did not influence their use of risk assessment tools: clinicians who wrote more reports were not necessarily the ones who used the risk assessment measures the most. Note that the direction of the patient flow did not influence the results, suggesting that the flow of information is bidirectional (see Table S1 in the Supplementary statistical models and sensitivity tests for the full description of the model). The diffusion process was also observed using the number of risk items mentioned on the VRAG and the HCR-20 (see Table S2 in the Supplementary statistical models and sensitivity tests for the full description of the model). This effect was also observed independently for each of the HCR-20 domains (Historical, Clinical, and Risk Management; see Table S3 in the Supplementary statistical models and sensitivity tests for the full description of the model).

Continued education simulation

Figure 2 shows the number of reports that included a risk assessment tool as a function of the number of clinicians trained through the simulation processes, either (a) randomly, (b) targeted based on the influence on the network (*weighted out-degree centrality*), (c) as a function of the number of alter clinicians (*degree centrality*), or (d) by targeting the clinicians who are not using risk assessment tools. As expected, the more training clinicians received, the higher the overall increase in the use of risk assessment tools across the network. Further, as hypothesized, providing continuing education to influential clinicians is the most effective and efficient strategy in increasing the use of risk assessment tools throughout the network. Targeting

clinicians with a high number of Alter clinicians had a similar effect.

For example, if 50 clinicians were assigned to do training via targeted selection based on their network influence (Figure 4.B), 2,577 reports would show the use of a risk assessment tool, while only 1,613 reports would do so if 50 clinicians were assigned randomly to training (Figure 4.A). Since 1,218 reports showed the use of risk assessment tool before any training, targeted selection improved the use assessment tools by 3.4 times over random selection $[(2,577 - 1,218) / (1,613 - 1,218)]$. If no training was offered, only 18% of the reports would mention the use of risk assessment tools; 50% of the reports would mention the use of a risk assessment tool with 145 clinicians trained using the targeted method, whereas 497 clinicians would be necessary if trained randomly.

DISCUSSION

Peer exposure to the use of risk assessment measures was significantly associated with the use of risk assessment tools in subsequent clinicians' reports. This is consistent with prior research reporting on the influence of physician networks in the adoption of new medicines (Iyengar, Van den Bulte, & Valente, 2011), cancer treatment (Pollack et al., 2015), the adoption of electronic medical records (Angst, Agarwal, Sambamurthy, & Kelley, 2010; Zheng, Padman, Krackhardt, Johnson, & Diamond, 2010), and evidence-based medicine more generally (Mascia & Cicchetti, 2011). It is important to note, however, that the diffusion effect of Alter reports declined each year after initial exposure. This may speak to the importance of booster sessions and fostering consistent exposure to peers with desired risk reporting practices.

We have also demonstrated that knowledge diffusion can be accelerated by providing continuing

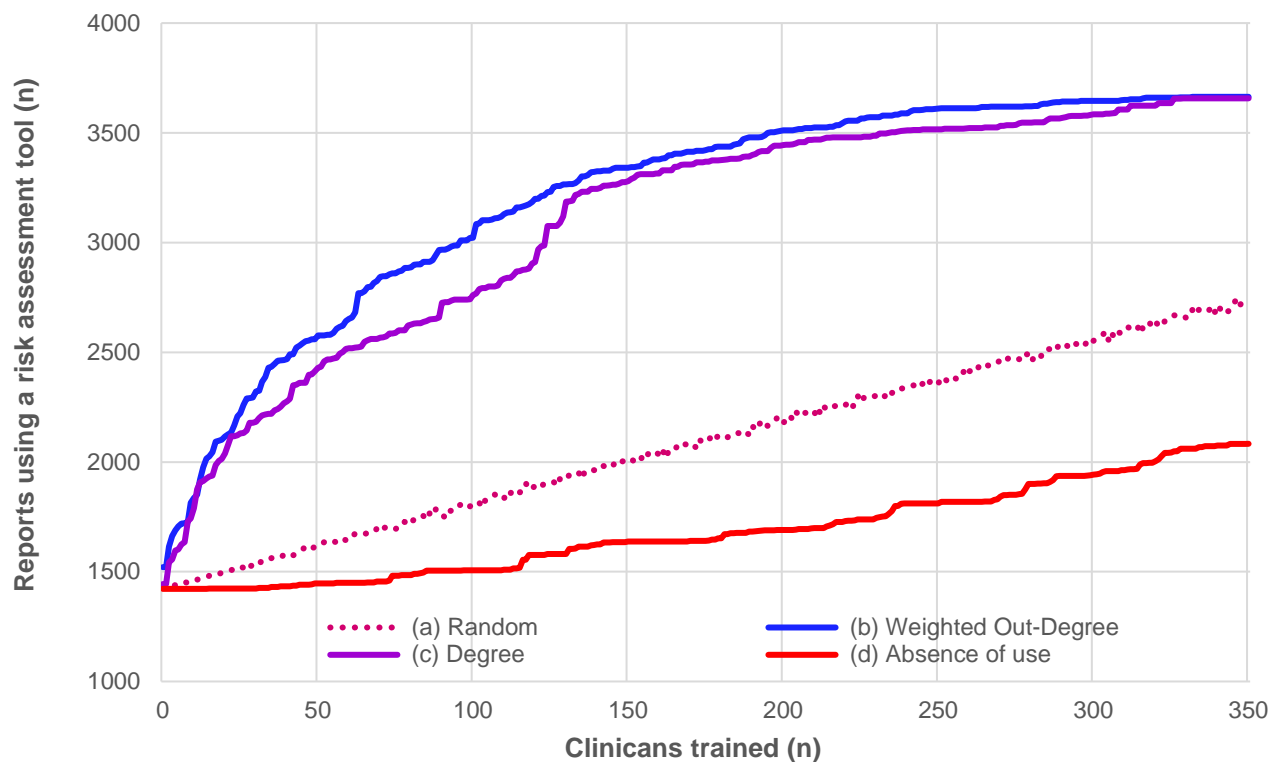


Figure 2. Number of reports using a risk assessment tool in function of the number of clinicians trained through a simulation using (a) random selection process, (b) targeted selection process based on influence on the network (weighted out-degree centrality) (c) targeted selection process based on the number of alter clinicians (degree centrality), and (d) targeted selection process based on the absence of use of risk assessment tool.

education to the most influential individuals in professional networks. It is yet unclear how effective risk assessment training is; Previous studies have indicated that even short education sessions are effective in improving risk assessment practices (Gough, Richardson, & Weeks, 2015; McNeil et al., 2008; Reynolds & Miles, 2009; Sen, Lindsey, Chatterjee, Rama-Iyer, & Picchioni, 2015). For example, a 5-hour workshop on the management of risk of violence and suicide significantly improved psychiatrists' ability to identify risk and protective factors (McNeil et al., 2008; Teo et al., 2012). The success of (further) implementation of structured risk assessment instruments hinges on additional factors such as the perceived complexity and clinical usefulness thereof, users' lack of confidence, or staff not perceiving a need to update their practice (Levin, Nilsen, Bendtsen, & Bulow, 2016). In practice, it may be that forensic mental health networks can consider factors additional to training network influencers to optimize the diffusion of risk assessment practices. However, using informal professional networks may be a cost-effective and efficient knowledge diffusion technique deserving further exploration. Perhaps surprisingly, we found that clinicians writing more reports were not necessarily the ones more likely to use risk assessment tools. A number of factors may explain this finding. For example, experts writing more reports may have a (too) large caseload, sacrificing rigour for efficiency. The relative sparseness in the use of risk assessment tools may reflect a difference in framework (e.g., not taught to use structured risk assessment consistently, different reporting practices) or conceptual drift (e.g., over time, risk assessment practice drifts from what was initially intended/taught). This finding warrants additional research.

The fact that psychiatrists were responsible for all reports mentioned in this study is an artefact of the legal framework in Canada. Psychologists, psychiatrists and nurses conduct violence risk assessments globally (e.g., Singh et al., 2014). These mental health professionals are all embedded in informal professional networks and the same contingencies regarding knowledge diffusion on risk assessment practices may or may not apply.

Moreover, there is preliminary evidence of extra-role knowledge transfer (i.e., knowledge sharing between different professional groups; Tagliaventi & Mattarelli, 2006). Extra-role knowledge transfer and how it affects patient care would be an important avenue for further research in the field of mental health.

Limitations

First and foremost, we cannot infer causality from this study design. Indeed, as noted by other authors (Lyons, 2011; Shalizi & Thomas, 2011; Thomas, 2013; VanderWeele et al., 2012), the apparent causality of the network effect could be influenced by the network structure or simple network autocorrelation through homophily (e.g., association with clinicians who are like-minded) or exogenous processes (e.g., same workplace could indicate shared training, same geographical area could facilitate collaboration). However, to the best of our knowledge, this is the first study of knowledge diffusion in professional psychiatric networks, a promising field that requires further investigation.

Prior research has indicated that a number of clinician-related factors influence risk assessment use (e.g., training, more exposure to 'duty to warn' clientele, and/or prior violence risk assessment experience, Wong, Morgan, Wilkie, & Barbaree, 2012). Unfortunately, we had access to few variables or characteristics describing the report writers and were unable to include clinician covariates in our analyses. In addition, patient transfers are network proxies. Although patient transfers are consistently used to track and build physician networks (Landon et al., 2012; Landon et al., 2013; Pollack et al., 2015; Pollack et al., 2014), we recognize that other factors may influence network building and the strength of ties (e.g., same alma mater, family ties, same social circles). The influence of the courts and review boards might result in some constraints on patient-sharing networks compared to general psychiatry. In Canada, courts and review boards are responsible for decisions about detention in hospital, including security level, which hospital someone is registered with, and hospital transfers. However, the courts and review boards do not make patient referral decisions directly. Patient transfers might depend in part on

security level (e.g., detention versus community-living), but also psychopathology (e.g., generalist versus specialized and complex mental health needs), and infrastructure (e.g., bed availability, availability of forensic hospitals and clinics in specific region). Also, many patient transfers would be within the same hospital, as from one ward to another, or from inpatient to outpatient services. General psychiatry also has systemic constraints, as when health maintenance organizations (HMOs) in the United States define networks of clinicians and transfers out-of-network are difficult or even prohibited. The effect of differences in the overarching networks on knowledge transfer is a topic deserving further research.

Our data are approximately 10 to 15 years old; practices may have changed. While a recent small-scale study concluded that Canadian forensic practices may have changed for the better (i.e., risk assessment information was not cited selectively; Hilton, Simpson, & Ham, 2016), relatively recent international data show that many (> 50%) forensic mental health professionals still do not use structured risk assessment instruments (Singh et al., 2014). Finally, our estimation of the collaborative ties is likely censored to the left, as past patient sharing (and thus existing informal professional networks) could not be tracked prior to the study period. Importantly, these latter two points do not invalidate the diffusion process observed in this study.

CONCLUSIONS

Our study indicates that informal professional networks may play a role in the diffusion of risk reporting practices. Before drawing firm conclusions, our study requires replication in other samples and settings where violence risk assessment is used, and patient transition between practitioners. Current forensic mental health systems may benefit from this knowledge, specifically to implement or increase attention to structured risk assessment in reports to legal tribunals. It would be worthwhile to explore the impact of informal professional networks on other aspects of forensic mental health, as well as other areas in mental health care more generally.

Corresponding Author:

Yanick Charette
Université Laval
1030, av. des Sciences-Humaines, Room 6411
Québec (Québec) G1V 0A6
Canada
yanick.charette.1@ulaval.ca

Author contributions

Seto, Nicholls, Crocker designed the original study from which these data are taken. Charette and Goossens developed the theoretical framework for the current study. Charette performed the statistical analyses. All the authors wrote the draft of this paper and approved the final version of the manuscript for submission.

Acknowledgements

This research was supported by grant #6356-2004 from FRQ-S and by the Mental Health Commission of Canada. First author received salary award from the FRQ-S. Fourth author acknowledges the Michael Smith Foundation for Health Research and the CIHR for salary awards. Fifth author received salary awards from the CIHR, FRQ-S, and a William Dawson Scholar award from McGill University.

REFERENCES

- Ægisdóttir, S., White, M. J., Spengler, P. M., Maugherman, A. S., Anderson, L. A., Cook, R. S., . . . Rush, J. D. (2006). The Meta-Analysis of clinical judgment project: Fifty-six years of accumulated research on clinical versus statistical prediction. *The counseling psychologist, 34*(3), 341-382.
- Angst, C. M., Agarwal, R., Sambamurthy, V., & Kelley, K. (2010). Social contagion and information technology diffusion: the adoption of electronic medical records in US hospitals. *Management Science, 56*(8), 1219-1241.
- Barnett, M. L., Landon, B. E., O'malley, A. J., Keating, N. L., & Christakis, N. A. (2011). Mapping physician networks with self-reported and administrative data. *Health Services Research, 46*(5), 1592-1609.

- Campbell, M. A., French, S., & Gendreau, P. (2009). The Prediction of Violence in Adult Offenders: A Meta-Analytic Comparison of Instruments and Methods of Assessment. *Criminal justice and behavior*, 36(6), 567-590. doi:10.1177/0093854809333610
- Carver, P., & Langlois-Klassen, C. (2006). The role and powers of forensic psychiatric Review Boards in Canada: Recent developments. *Health LJ*, 14, 1.
- Christakis, N. A., & Fowler, J. H. (2013). Social contagion theory: examining dynamic social networks and human behavior. *Statistics in medicine*, 32(4), 556-577.
- Crocker, A. G., Nicholls, T. L., Charette, Y., & Seto, M. C. (2014). Dynamic and static factors associated with discharge dispositions: The national trajectory project of individuals found not criminally responsible on account of mental disorder (NCRMD) in Canada. *Behavioral Sciences & the Law*, 32(5), 577-595.
- Crocker, A. G., Nicholls, T. L., Seto, M. C., Côté, G., Charette, Y., & Caulet, M. (2015a). The National Trajectory Project of Individuals Found Not Criminally Responsible on Account of Mental Disorder in Canada. Part 1: Context and Methods. *Canadian Journal of Psychiatry*, 60(3), 98-105.
- Crocker, A. G., Charette, Y., Seto, M. C., Nicholls, T. L., Côté, G., & Caulet, M. (2015b). The National Trajectory Project of Individuals Found Not Criminally Responsible on Account of Mental Disorder in Canada. Part 3: Trajectories and Outcomes Through the Forensic System. *Canadian Journal of Psychiatry*, 60(3), 117-126.
- De Vries Robbé, M., de Vogel, V., Douglas, K. S., & Nijman, H. L. (2015). Changes in dynamic risk and protective factors for violence during inpatient forensic psychiatric treatment: Predicting reductions in postdischarge community recidivism. *Law and Human Behaviour*, 39(1), 53-61.
- Douglas, K. S., Shaffer, C., Blanchard, A. J. E., Guy, L. S., Reeves, K., & Weir, J. (2014). HCR-20 violence risk assessment scheme: Overview and annotated bibliography. HCR-20 Violence Risk Assessment White Paper Series, #1. Burnaby, Canada: Mental Health, Law, and Policy Institute, Simon Fraser University.
- Evensen, A. E., Sanson-Fisher, R., D'Este, C., & Fitzgerald, M. (2010). Trends in publications regarding evidence-practice gaps: A literature review. *Implementation science*, 5(1), 11.
- Fazel, S., Singh, J. P., Doll, H., & Grann, M. (2012). Use of risk assessment instruments to predict violence and antisocial behaviour in 73 samples involving 24 827 people: systematic review and meta-analysis. *BMJ*, 345(7868), e4692.
- Freedman, J. (2002). Clinical Computing: The Diffusion of Innovations Into Psychiatric Practice. *Psychiatric services*, 53(12), 1539-1540.
- Gardner, W., Lidz, C. W., Mulvey, E. P., & Shaw, E. C. (1996). Clinical versus actuarial predictions of violence in patients with mental illnesses. *Journal of consulting and clinical psychology*, 64(3), 602.
- Gough, K., Richardson, C., & Weeks, H. (2015). An audit of service-user involvement and quality of HCR-20 version 2 risk assessments on rehabilitation and low secure wards. *Journal of psychiatric intensive care*, 11(S1).
- Grove, W. M., Zald, D. H., Lebow, B. S., Snitz, B. E., & Nelson, C. (2000). Clinical versus mechanical prediction: A meta-analysis. *Psychological Assessment*, 12(1), 19-30.
- Guy, L. (2008). Performance indicators of the structured professional judgement approach for assessing risk for violence to others: A meta-analytic survey. (Phd), Simon Fraser, Vancouver, BC.
- Guy, L. S., Douglas, K. S., & Hart, S. D. (2015). Risk assessment and communication. In B. L. Cutler & P. A. Zapf (Eds.), *APA handbook of forensic psychology, Vol. 1: Individual and situational influences in criminal and civil contexts* (pp. 35-86). Washington, DC: American Psychological Association.
- Hart, S. D., & Watt, K. (2014). Threat/Risk Assessment. In K. Heilbrun, D. DeMattea, S. B. Holliday, & C. LaDuke (Eds.), *Forensic mental health assessment: A casebook, 2nd Edition* (pp. 531-556): Oxford University Press.

- Hayward, R. S., Guyatt, G. H., Moore, K., McKibbin, A., & Carter, A. O. (1997). Canadian physicians' attitudes about and preferences regarding clinical practice guidelines. *Canadian Medical Association Journal*, 156(12), 1715-1723.
- Heilbrun, K., Yasuhara, K., & Shah, S. (2010). Violence risk assessment tools: Overview and critical analysis. In R. K. Otto & K. S. Douglas (Eds.), *Handbook of violence risk assessment* (pp. 1-18). New York, NY: Routledge.
- Hilton, N. Z., & Simmons, J. L. (2001). The influence of actuarial risk assessment in clinical judgments and tribunal decisions about mentally disordered offenders in maximum security. *Law and human behavior*, 25(4), 393-408.
- Hilton, N. Z., Simpson, A. I., & Ham, E. (2016). The increasing influence of risk assessment on forensic patient review board decisions. *Psychological Services*, 13(3), 223-231.
- Iyengar, R., Van den Bulte, C., & Valente, T. W. (2011). Opinion leadership and social contagion in new product diffusion. *Marketing Science*, 30(2), 195-212.
- Kazdin, A. E. (2008). Evidence-based treatment and practice: new opportunities to bridge clinical research and practice, enhance the knowledge base, and improve patient care. *American psychologist*, 63(3), 146.
- Landon, B. E., Keating, N. L., Barnett, M. L., Onnela, J.-P., Paul, S., O'Malley, A. J., . . . Christakis, N. A. (2012). Variation in patient-sharing networks of physicians across the United States. *Jama*, 308(3), 265-273.
- Landon, B. E., Onnela, J.-P., Keating, N. L., Barnett, M. L., Paul, S., O'Malley, A. J., . . . Christakis, N. A. (2013). Using administrative data to identify naturally occurring networks of physicians. *Medical care*, 51(8), 715.
- Lang, E. S., Wyer, P. C., & Haynes, R. B. (2007). Knowledge translation: closing the evidence-to-practice gap. *Annals of emergency medicine*, 49(3), 355-363.
- Levin, S. K., Nilsen, P., Bendtsen, P., & Bulow, P. (2016). Structured risk assessment instruments: A systematic review of implementation determinants. *Psychiatry, Psychology and Law*, 23(4), 602-628.
- Lyons, R. (2011). The spread of evidence-poor medicine via flawed social-network analyses. *Statistics, Politics and Policy*, 2(1), 1-26.
- Mascia, D., & Cicchetti, A. (2011). Physician social capital and the reported adoption of evidence-based medicine: exploring the role of structural holes. *Social Science & Medicine*, 72(5), 798-805.
- McKee, S. A., Harris, G. T., & Rice, M. E. (2007). Improving forensic tribunal decisions: The role of the clinician. *Behavioral Sciences & The Law*, 25(4), 485-506.
- McNeil, D. E., Chamberlain, J. R., Weaver, C. M., Hall, S. E., Fordwood, S. R., & Binder, R. L. (2008). Impact of clinical training on violence risk assessment. *American journal of psychiatry*, 165(2), 195-200.
- Melton, G. B., Petrila, J., Poythress, N. G., Slobogin, C., Otto, R. K., Mossman, D., & Condie, L. O. (2018). *Psychological evaluations for the courts: A handbook for mental health professionals and lawyers*. Guilford Publications.
- Morris, Z. S., Wooding, S., & Grant, J. (2011). The answer is 17 years, what is the question: understanding time lags in translational research. *Journal of the Royal Society of Medicine*, 104(12), 510-520.
- Mullen, P. E. (2000). Forensic mental health. *The British journal of psychiatry*, 176(4), 307-311.
- Newman, M. E. J. (2004). Analysis of weighted networks. *Physical review*, 70(5), 056131.
- Otto, R. K., & Douglas, K. S. (Eds.). (2010). *Handbook of violence risk assessment*. New York, NY: Routledge.
- Pollack, C. E., Soulos, P. R., & Gross, C. P. (2015). Physician's peer exposure and the adoption of a new cancer treatment modality. *Cancer*, 121(16), 2799-2807.
- Pollack, C. E., Wang, H., Bekelman, J. E., Weissman, G., Epstein, A. J., Liao, K., . . . Armstrong, K. (2014).

Physician social networks and variation in rates of complications after radical prostatectomy. *Value in Health*, 17(5), 611-618.

Quinsey, V., Harris, G. T., Rice, M. E., & Cormier, C. A. (2006). *Violent offenders: Appraising and managing risk* (2nd ed). Washington, DC: American Psychological Association.

Reynolds, K., & Miles, H. L. (2009). The effect of training on the quality of HCR-20 violence risk assessments in forensic secure services. *The Journal of Forensic Psychiatry & Psychology*, 20(3), 473-480.

Sen, P., Lindsey, S., Chatterjee, N., Rama-Iyer, R., & Picchioni, M. (2015). An audit of the quality of HCR-20 violence risk assessments in a low secure service. *Journal of psychiatric intensive care*, 11(S1).

Serrat, O. (2017). Social network analysis. In *Knowledge solutions* (pp. 39-43): Springer.

Shalizi, C. R., & Thomas, A. C. (2011). Homophily and Contagion Are Generically Confounded in Observational Social Network Studies. *Sociological methods & research*, 40(2), 211-239.

Singh, J. P., Desmarais, S. L., Hurducas, C., Arbach-Lucioni, K., Condemarin, C., Dean, K., . . . Grann, M. (2014). International perspectives on the practical application of violence risk assessment: A global survey of 44 countries. *International Journal of Forensic Mental Health*, 13(3), 193-206.

Skeem, J., & Monahan, J. (2011). Current directions in violence risk assessment. *Current Directions in Psychological Science*, 20(1), 38-42.

Snijders, T. A., & Kenny, D. A. (1999). The social relations model for family data: A multilevel approach. *Personal Relationships*, 6(4), 471-486.

Tagliaventi, M. R., & Mattarelli, E. (2006). The role of networks of practice, value sharing, and operational proximity in knowledge flows between professional groups. *Human Relations*, 59(3), 291-319.

Teo, A. R., Holley, S. R., Leary, M., & McNeil, D. E. (2012). The relationship between level of training and accuracy of violence risk assessment. *Psychiatric services*, 63(11), 1089-1094.

Thomas, A. C. (2013). The social contagion hypothesis: comment on 'Social contagion theory: examining dynamic social networks and human behavior'. *Statistics in medicine*, 32(4), 581-590.

VanderWeele, T. J., L. O. E., & Tchetgen-Tchetgen, E. J. (2012). Why and When "Flawed" Social Network Analyses Still Yield Valid Tests of no Contagion. *Statistics, politics, and policy*, 3(1), 2151-1050. doi:10.1515/2151-7509.1050

Webster, C. D., Douglas, K. S., Eaves, D., & Hart, S. D. (1997). *HCR-20: Assessing risk for violence* (Version 2). Vancouver: Mental Health Law and Policy Institute, Simon Fraser University.

Wilson, C. M., Crocker, A. G., Nicholls, T. L., Charette, Y., & Seto, M. C. (2015). The use of risk and need factors in forensic mental health decision-making and the role of gender and index offense severity. *Behavioral sciences & the law*, 33(1), 19-38.

Wong, L., Morgan, A., Wilkie, R., & Barbaree, H. (2012). Quality of resident violence risk assessments in psychiatric emergency settings. *The Canadian Journal of Psychiatry*, 57(6), 375-380.

Yang, M., Wong, S. C., & Coid, J. W. (2010). The efficacy of violence prediction: a meta-analytic comparison of nine risk assessment tools. *Psychological bulletin*, 136(5), 740-767.

Zheng, K., Padman, R., Krackhardt, D., Johnson, M. P., & Diamond, H. S. (2010). Social networks and physician adoption of electronic health records: insights from an empirical study. *Journal of the American Medical Informatics Association*, 17(3), 328-336.

SUPPLEMENTARY MATERIAL

SUPPLEMENTARY STATISTICAL MODELS AND SENSITIVITY TEST

Use of Risk Assessment Tools

In social networks, nodes tend to be connected with other nodes presenting similar characteristics (i.e., assortativity; (Newman, 2003)). Applied to the current study, we tested whether clinicians using risk assessment tools were clustered together in the networks (i.e., clinicians using risk assessment tools more likely to know other clinicians using risk assessment tools). For example, we would expect more assortativity given that many patient transfers are from doctor to doctor within the same hospital and given that report policies and training are often implemented at an institutional level. For this analysis, all reports for all 893,069 dyads were aggregated at the Ego clinician level to observe if clinicians using risk assessment tools were more likely to be tied together. The first model of Table S1 considers all the report links between Ego and Alter clinicians, regardless of the time of the report and direction of the report. With this static cross-

sectional perspective, even Alters' reports written before Ego's reports are considered. We can observe that there is assortativity in the network; clinicians using risk assessment tools in their reports are clustered together.

The next models show the effect of Alters' risk assessment tool use on Ego's risk assessment tool use, while taking into account the timing (Ego reports after exposure to Alters) and removing shared patients from the sample. The influence of peers might not be fixed and we can hypothesize that the influence of Alters' reports would decay over time. To test for the duration of the effect, and to assess the time until which Alters' report has influence on Ego, a series of models were run, aggregating Alters' values for different timespans preceding Ego's reports. Figure S1 presents the Alter effect for the different timespans. We can observe that when the timespan prior to Ego's report is 22 months, the effect is not optimally captured, perhaps due to the smaller sample size. The maximum value of the diffusion effect, around $\beta = 0.79$, is observed at 22 months after initial exposure to Alters' reports.

Table S1. Random effect models predicting Ego's use of risk assessment tools, considering Alters' use of risk assessment tools

	Model 1: Assortativity (<i>n</i> = 508 clinicians)		Model 2: Temporal diffusion (<i>n</i> = 3,475 reports)		Model 3: Inverted flows (<i>n</i> = 3,095 reports)	
	<i>b</i>	95% CI	<i>b</i>	95% CI	<i>b</i>	95% CI
Fixed effects						
Intercept	-3.28	(-4.02, -2.67)	-2.97	(-3.66, -2.28)	-2.94	(-3.64, -2.25)
Province (ref=QC)						
Ontario	0.56	(-0.47, 1.54)	5.39	(3.83, 6.95)	4.79	(3.24, 6.34)
BC	1.64	(-1.07, 3.98)	5.57	(3.76, 7.40)	4.28	(2.46, 6.10)
Number of Ego's reports (log)	-0.88	(-1.88, 0.06)	-0.25	(-0.62, 0.11)	0.04	(-0.39, 0.47)
Number of Alters (log)	0.75	(0.04, 1.50)	-0.11	(-0.35, 0.13)	0.04	(-0.17, 0.25)
Average number of Alter's reports (log)	-0.09	(-0.99, 0.81)	0.22	(-0.12, 0.57)	0.12	(-0.29, 0.53)
% of Alters using risk assessment tools (X10)	0.54	(0.36, 0.73)	0.27	(0.19, 0.35)	0.31	(0.23, 0.40)
Random effects						
	<i>Var</i>	<i>SD</i>	<i>Var</i>	<i>SD</i>	<i>Var</i>	<i>SD</i>
Ego	-	-	1.55	1.25	1.68	1.30
Hospital	-	-	1.74	1.32	1.56	1.25
Patient	-	-	2.47	1.57	2.17	1.47
Model Chi-square (<i>df</i>)	202.7(6), <i>p</i> < 0.001		100.11(6), <i>p</i> < 0.001		104.4(6), <i>p</i> < 0.001	
AIC	179.57		2371.66		2111.10	

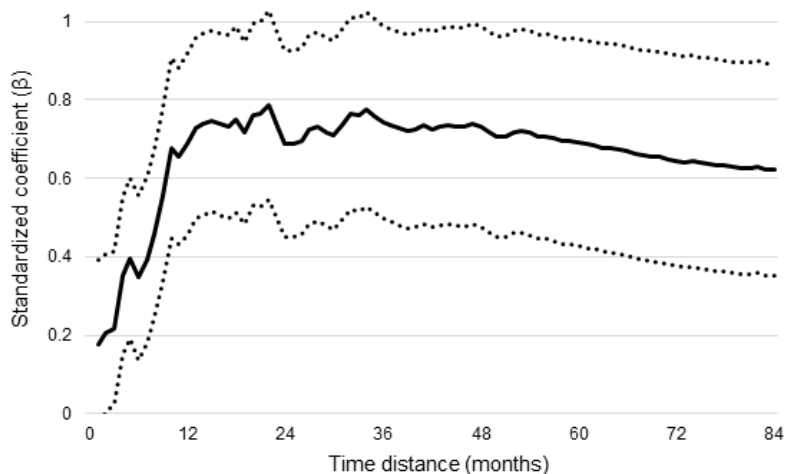


Figure S1. Effect of the proportion of Alters' use of risk assessment tools in function of the time distance between Ego's and Alters' reports with its confidence interval (95%)

With the passing of time, the effect of Alters' reports decreased. In our data, the effect of Alter reports was optimal around 2 years before Ego reports; this is the value we have used for the models below (22 months).

Model 2 shows that an increase of the proportion of Alters' using risk assessments in their reports led to an increased likelihood of risk assessment tool use of the subsequent report of the Ego clinicians with

whom they are connected. In fact, an increase of 10% in the proportion of Alters' risk assessment tool use increased the likelihood of Ego's subsequent use of risk assessment tools by 30%.

The main model presented in this paper assumes that the information flow follows the direction of the patient flow: from the referring clinician to the referred clinician. Model 3 from Table S1 shows an alternative model, where the information flow was inverted. We can observe a similar effect of Alters' reports, suggesting a bidirectional information flow. Thus, the report is a concrete representation of information flow, from Alter to Ego, but information can flow in both ways because clinicians can talk to each other, in person or by phone.

Reporting of Risk Assessment Items

In our main analyses, we have used the presence or the absence of a risk assessment tool in clinicians' reports to Review Boards as an indicator of the spread of good practices across a professional network. Another way to measure reporting practices would be to count the number of items mentioned as a measure of (good) risk reporting practices. As others have suggested (e.g., Hart & Watt, 2014), we would assert that if clinicians want to fully inform the court about the basis of their

Table S2. Random effect models predicting number of Ego's report VRAG items mentioned and HCR-20 items mentioned, considering Alters' reports

	Model 4: VRAG items (n=3,516)		Model 5: HCR items (n=3,516)	
	b	95% CI	b	95% CI
Fixed effects				
Intercept	2.64	(2.26, 3.03)	5.44	(4.87, 6.02)
Province (ref=QC)				
Ontario	4.41	(3.82, 5.00)	4.67	(3.87, 5.47)
BC	1.79	(1.11, 2.47)	4.67	(3.62, 5.72)
Number of Ego's reports (/100)	-0.24	(-0.78, 0.30)	-1.05	(-1.96, -0.14)
Number of Alters (log)	-0.15	(-0.24, -0.06)	0.02	(-0.10, 0.14)
Average number of Alter's reports (/100)	0.28	(-0.21, 0.76)	0.10	(-0.58, 0.77)
Average number of Alter's report items [†]	0.14	(0.07, 0.21)	0.14	(0.08, 0.10)
Random effects				
	Var	SD	Var	SD
Ego	0.39	0.62	1.42	1.19
Hospital	0.32	0.57	1.77	0.88
Patient	1.57	1.25	1.70	1.30
Residual	1.89	1.37	4.13	2.03
Model Chi-square (df)	150.78 (6); p < 0.001		126.5 (6); p < 0.001	
AICc	13,776		18,497	

[†] respective to the dependent variable

Table S3. Random effect models predicting number of Ego's report H, C and R items, considering respective number of Alters' items reported

	Model 6: H items (n=4,017)		Model 7: C items (n=4,017)		Model 8: R items (n=4,017)	
	<i>b</i>	95% CI	<i>b</i>	95% CI	<i>b</i>	95% CI
Fixed effects						
Intercept	3.13	(2.76, 3.49)	1.95	(1.76, 2.15)	5.12	(4.55, 5.70)
Province (ref=QC)						
Ontario	3.92	(3.37, 4.47)	0.71	(0.52, 0.91)	4.28	(3.55, 5.00)
BC	3.01	(2.32, 3.71)	1.80	(1.50, 2.10)	3.95	(2.97, 4.92)
Number of Ego's reports (/100)	-0.56	(-1.12, 0.01)	-0.31	(-0.58, -0.01)	-0.74	(-1.67, 0.19)
Number of Alters (log)	-0.01	(-0.09, 0.07)	0.03	(-0.01, 0.08)	0.04	(-0.09, 0.17)
Average number of Alter's reports (/100)	0.20	(-0.01, 0.01)	-0.20	(-0.44, 0.01)	0.38	(-0.33, 1.08)
Average number of Alter's report X [†] items	0.08	(0.02, 0.14)	0.13	(0.06, 0.20)	0.19	(0.13, 0.25)
Random effects						
	<i>Var</i>	<i>SD</i>	<i>Var</i>	<i>SD</i>	<i>Var</i>	<i>SD</i>
Ego	1.14	1.07	0.16	0.41	1.53	1.23
Hospital	0.36	0.60	0.03	1.18	0.50	0.71
Patient	1.14	1.07	0.10	0.41	0.29	0.53
Residual	1.64	1.28	0.67	0.82	5.67	2.38
Model Chi-square (<i>df</i>)	123.2 (6); <i>p</i> < 0.001		122.1 (6); <i>p</i> < 0.001		152.1 (6); <i>p</i> < 0.001	
AICc	15,127		10,760		18,977	

[†] respective to the dependent variable

recommendation, they would need to mention all the risk factors they considered, whether present or absent. Reports should be self-contained, to allow decision-makers to make a fully informed decision (Heilbrun, 1997). Not only does this provide transparency to the decision-maker, it also adds a means to evaluate the reports (e.g., if the report is being examined or challenged by another expert). Both the use of a well-validated risk assessment tool and the manner of reporting on the tool are important practices to establish in medicolegal contexts. As such, we tested whether the number of items mentioned on two popular risk assessment tools could also diffuse in the professional network: A structured judgement assessment tool, the HCR-20 (Webster, Douglas, Eaves, & Hart, 1997), and an actuarial tool, the Violence Risk Appraisal Guide (VRAG; Quinsey, Harris, Rice, & Cormier, 2006).

We can observe in Table S2 (Model 4) that an increase of 1 VRAG item in the average number of items mentioned in past alters' reports is followed by an increase of 0.14 VRAG items for Ego. Similarly, in Model 5, we observe that an increase of 1 HCR-20 item in the average number of items mentioned in the past alters' reports, is followed by an increase of 0.14 items for Ego.

The HCR-20 is further divided in three different domains of risk factors: Historical, Clinical, and Risk management. The following models test if the information is transferred differentially across domains. We can observe in each of the models in Table S3 that the effect is similar for historical, clinical and risk management items.

SUPPLEMENTARY REFERENCES

Hart, S.D., & Watt, K. (2014). Threat/Risk Assessment. In K. Helbrun, D. DeMattea, S.B. Holliday, & C. LaDuke (Eds.) *Forensic mental health assessment: A casebook*, 2nd Edition (pp. 531-556). Oxford University Press.

Heilbrun, K. (1997). Prediction versus management models relevant to risk assessment: The importance of legal decision-making context. *Law and human behavior*, 21(4), 347-359.

Newman, M. E. (2003). Mixing patterns in networks. *Physical Review E*, 67(2), 026126.

Quinsey, Vernon L.; Harris, Grant T.; Rice, Marnie E.; Cormier, Catherine A.: *Violent offenders: Appraising and managing risk* (2nd ed.). The law and public policy. Washington, DC, US: American Psychological Association. (2006). pp. 283-286, 291.